COURSE DESCRIPTION

This course is a study of the concepts of self, body, mind discipline and the beliefs and concepts associated with individual in the religions of India. Since it is impossible to study the various religions of India in one semester course, I have chosen the subject, self, mind and body in Indian religions to introduce the variety and complexity of Indian religions. Historical and religious background of each religion studied is introduced in the class in addition to the special subject chosen.

The course is further divided into three major parts.

Part 1, introduces the religious background and the concepts of self, mind and body in each of the selected religions of India.

Part 2, studies the gender in relation to self, mind and body.

Part 3, studies the self, mind and body concepts adopted by modern social thinkers of India, including Gandhi, and the interaction of science and concepts of self, mind and body.

COURSE OBJECTIVES

1. Inspect the Philosophy and Practice of self, mind and body in Indian religions.
2. Identify and analyze the evolution of concepts of self, mind and body in Indian Religions from early historic period to the modern age.
3. Study the major schools of mind and body discipline and gender interaction.
4. Investigate the mind, body discipline and social activism.
5. Examine the mind, body discipline and science.

COURSE EVALUATION

Review of readings 30%
Presentation 20%
Research Paper 40%
Participation 10%
COURSE READINGS

Copies of the course material are placed on the library reserve at Harriet Irving Library.

COURSE REQUIREMENTS

1. **Review of Readings**: Students are required to bring one page review of the assigned reading to the class (see attached schedule). The review is due at the beginning of the class. Failure to submit the reviews on time incurs penalty @ 5% per day. Students are required to submit their assignments on WebCT.
2. Each student should select a topic for research and present orally to the class and submit a written research paper based on primary research.
3. Active participation in class discussions is required.

COURSE SCHEDULE

**Part 1 Introduction to religious concepts of self, body and mind.**

**WEEK 1**


**WEEK 2**


**WEEK 3**

17. Jan. 2006. Introduction to Buddhism

**WEEK 4**

WEEK 5


WEEK 6

7. Feb. 2006. Introduction to Indian Sufi Tradition

**Part 2 Introduction to Gender and self, mind and body.**

WEEK 7


WEEK 8


WEEK 9


**WEEK 10**

Midterm break: No Classes

**Part 3 Self, mind and body: Society and science**
WEEK 11

WEEK 12

WEEK 13

WEEK 14
Research Paper Due