"With A Little Help From My Friends" was composed by John Lennon and Paul McCartney in 1967. The familiar song pronounces the power and necessity of friendship:

What would you think if I sang out of tune,  
would you stand up and walk out on me?  
lend me your ears and I'll sing you a song  
and I'll try not to sing out of key.

Oh, I get by with a little help from my friends  
mm, I get high with a little help from my friends  
mm, gonna try with a little help from my friends . . .

The week after graduation, I got a call from a dear colleague. He was working on his syllabus for the upcoming summer semester. Having been in conversation for twenty years, he and I “get by with a little help” from each other. My colleague is a brilliant, multi-disciplinary scholar. Unlike me, he reads deeply across several academic fields - both domestic as well as international literature. He brings that expansive knowledge to our collaboration. I bring to our collaboration my scholarly knowing and, more important, my know-how in creativity, imagination, and the ability to make unorthodox connections in pedagogy, cultural politics, and
Our phone conversation was "as usual." My friend began by describing the focus of his upcoming summer course as well as the theory he was emphasizing in the course. He quickly summarized the required readings. He reminded me that it was a summer intensive, so he needed assistance in making good use of the time format. I asked if he needed to talk about assignments or learning activities. He said both. I took a few deep breaths, considered his topic, then intentionally imagined the graduate students in his course. Half of the enrolled students would be students of many races born in the USA, who will likely go on to serve communities close to home. The other half would be international, coming from countries in Asia, Africa, and the Caribbean, who might either serve white churches in the USA, or return home after graduation. My friend waited patiently as I thought. After my long pause, I asked, "Are you ready?” He said yes. I launched in by asking questions of clarification as if I were a student in his course.

During that part of our conversation, he could hear the gaps in the course objectives and learning outcomes and he began to strategize ways to narrow the gaps and more directly address the student's likely curiosity. Then, I brainstormed out loud about possible classroom activities that could take him and students out into the community near the theological school. We talked about possible resource persons to be brought into the classroom to make vivid the need for praxis-thinkers and doers.

Once I got all my initial ideas spoken, I stopped. I asked if he wanted more. He said yes, so I continued until my imagination had run its course. Next, we turned to possible assignments as well as ways to elicit questions from students which would help them to bridge theory with community. By the end of our conversation, my friend had more than enough material to finish designing his summer intensive. The course was going to be brilliant!

Our conversation was so well choreographed because of our reciprocity. I assist him with course development, and he helps me with editing and thinking more deeply about my publications. He has read and commented on almost everything I have published. I strengthen his work and he strengthens my work. We know our work is better because of the input of the other.

"lend me your ears and I'll sing you a song and I'll try not to sing out of key."

Beyond the necessity of collaboration to strengthen and deepen our work, I would suggest networking is an under-utilized aspect of teaching and friendship. A little over a year ago, an alum from my school called me and asked if she could put me in touch with a friend of hers who was working on a new project. I said yes, only because of the respect I have for the former student. I was not, at that time, looking for any new projects nor was I looking for a consultant. Now, two years later, the person she put me in touch with, who is neither an educator nor a theologian, has become a consultant for our seminary and we are doing innovative
programming in new areas. Had the consultant “cold called” me, I would have brushed him off. When a person I knew and trusted asked me to give time for a conversation, it was because of her influence that I paid attention and opened doors. Making use of our networks is opening ourselves to possibilities beyond ourselves.

Making use of our networks entails that many of us must come-to-grips with the cachet and influence of our roles. So many of us undervalue our social position and make little use of the societal, intellectual, and material capital which we are afforded in our positions as teacher/scholars. We are people with juice! Making use of that juice for other people is part of our jobs.

A new friend, who I met a year ago, told me that she drives her son to New Haven each morning for school. Since the commute is almost an hour, she stays in New Haven and writes at a local coffee shop, then picks up her son from school and returns home in the late afternoon. She is a professional writer so writing in a coffee shop is OK. I frowned at the thought of her working daily in a public coffee shop. The next day I phoned a colleague at Yale University. I asked him to take my writer friend to lunch because I thought they would enjoy each other’s company. I also asked him to give her whatever he could. I told my writer friend to expect a call from this Yale professor and accept the lunch invitation. They had lunch, and she now has access to the Yale University library where she works each day. He got a new and needed conversation partner for writing, editing, and publishing. All I did was recognize that I knew a guy who could help my friend, then I made the phone call.

“Oh, I get by with a little help from my friends”

The project I direct called the Social Justice Leadership Project was sponsoring a weeklong conference on our campus for spiritual writers about improving writing and getting published. We believe that public theology is, in part, about getting new voices into the market place. The weeklong conference has several worship services built into the schedule. I called a friend and asked her to plan and lead the worship services. She agreed, but asked why I did not do them myself. I said because you will do them better.

The participants at the conference marveled that, during worship, we focused contemplatively upon the lives and prophetic witness of Toni Morrison, Mary Oliver, and James Cone. My friend, by way of liturgy, juxtaposed the ancient prophet Habakkuk’s text which reads in 2:2: And the LORD answered me: “Write the vision; make it plain on tablets, so he may run who reads it” – with the lives of the prophets Morrison, Oliver and Cone. The final movement in every worship service was then to challenge the conference participants to align with these great persons in their own work of writing the vision. By the feedback and reports, the worship experiences for the aspiring faith writers had mystical, transformative qualities.

“mm, I get high with a little help from my friends”

So much of scholarship is constructed upon the flimsy falsehood of individualism, isolation, and
self-aggrandizement. We make a mistake when we keep our work and our wants in isolation - hiding our light under a bushel. Our fears of having our ideas stolen, or having people turn down a request, or of opening up to the possibility of ridicule and shame must be overcome. Our work as scholar/teachers is best done in community, in conversation, with other people. Yes, I could tell you of a few incidents when my ideas have been stolen or simply attributed to someone else. But, these derisory experiences do not keep me from the joy and accomplishments which can only be realized through collaborating, networking, and using my cachet to facilitate the ideas and dreams of others in my community. My greatest successes have been due to the love, support and generosity of people who have helped me elevate my work, rise to the challenges of certain projects, and who have seen greater possibility in me than I saw in myself. This is the pay-off of collaboration, networking and friendship. This is the marvelous of being part of an intellectual community.

Nancy Lynne Westfield
Drew Theological School

https://www.wabashcenter.wabash.edu/2019/06/with-a-little-help/