



# TYNDALE

• SEMINARY •

## **Course Syllabus FALL 2013**

### **COUNSELLING ADOLESCENTS AND FAMILIES COUN 0796/YMIN 0796**

**TUESDAYS, 8:30 AM – 11:20 AM**

**INSTRUCTOR: REV. WAYNE SAYNOR**

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Office Hours:

To access your course materials, go to your Tyndale email account: <http://mytyndale.ca>. Please note that all official Tyndale correspondence will be sent to your <@MyTyndale.ca e-mail account. For information how to access and forward Tyndale e-mails to your personal account, see <http://www.tyndale.ca/it/live-at-edu>.

## **I. COURSE DESCRIPTION**

Designed to equip Christians with an understanding of the basic struggles adolescents face and how to help them in the context of a caring relationship. Examines Biblical principles along with the practical knowledge and skills required to help youth through the various issues confronting them. Foundational counselling skills and processes are developed.

This course will provide students with a general overview of Youth and Family Counseling Issues and Approaches. Consideration will be given to a comprehensive list of Counseling issues facing Youth and Families. Students will be challenged to think systemically about relationships in Families and in Christian Community. Students will be encouraged to integrate biblical principles that would shape their personal counseling approach.

## **II. LEARNING OUTCOMES**

At the end of the course, students should be able to:

1. Understand the diverse Counseling issues facing teens and families today.
2. Appreciate the complexities of life and the struggles related to personal growth.
3. Have some practical strategies and tools for dealing with complicated issues.
4. Integrate student's own faith, spiritual gifts and theological understanding when caring for teens and families.

## **III. COURSE REQUIREMENTS**

### **A. REQUIRED TEXTS**

Gary Collins, *Christian Counseling: A Comprehensive Guide*, revised edition (Word Publishing Group, 1988).

Ronald W. Richardson, *Creating A Healthier Church* (Minneapolis, MN., Fortress Press, 1996).

King Solomon, *Proverbs* (The Bible).

### **C. ASSIGNMENTS AND GRADING**

Your work will be graded for successful completion of the assignment ("C"), successful demonstration of the subject knowledge ("B"), successful development of the practical implications ("B+") and successful development with originality and creativity ("A-" or "A").

**Interaction Paper:** 4--6 pages in length (20%)

Identify and develop a wisdom theme (taken from the book of Proverbs) that is applicable to a relevant adolescent struggle. - Due Oct. 8/2013

**Class Presentation** 2-4 min. in length (20%)

Develop a Counseling Tool that you could use in a Youth or Family Counseling interaction and share it with the class. - To be scheduled in class between Sept. and Dec. 2013.

**Research Paper:** 6-10 pages in length (30%)

Research a relevant Youth / Family issue and present an approach you could take in responding to this issue. - Due Nov. 19/2013.

**Reflection Paper:** 8-12 pages in length (30%)

From your experience in class and the information gleaned in your reading and research, chronicle some of what could be your personal challenges and potential rewards of Counseling Youth and Families in your future. - Due Dec. 3/2013.

#### **D. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK**

##### Academic Integrity

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University College & Seminary takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students should consult the current Academic Calendar for academic policies on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System. The Academic Calendar is posted at <http://tyndale.ca/registrar>.

#### **E. SUMMARY OF ASSIGNMENTS AND GRADING**

Evaluation is based upon the completion of the following assignments [*Sample*]

Interaction Paper	20 %
Class Presentation	20 %
Research Paper	30 %
Reflection Paper	30 %
Total Grade	100 %

#### **IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS**

**Sept. 9** Course Orientation, Introductory Issues, Understanding Competence

**Sept. 17** Personal Issues Facing Adolescents and Families - Anger and Anxiety

**Sept. 24** Personal Issues Continued - Guilt and Depression

**Oct. 1** Developmental Issues Facing Adolescents and Families

**Oct. 8** Interpersonal Issues Facing Adolescents and Families - Loneliness and Relational Problems (Interaction paper due)

**Oct. 15** Interpersonal Issues Continued - Sexual Issues

**Oct. 22** Identity Issues Facing Adolescents and Families - Inferiority and Self - Esteem

**Oct. 29** Identity Issues Continued - Physical Issues, Grief, Violence and Abuse

**Nov. 5** Family Issues and Family System Dynamics - Part 1

**Nov. 12** Family Issues and Family System Dynamics - Part 2

**Nov. 19** Other Issues Facing Adolescents and Families - Alcoholism and Addictions (Research Paper due)

**Nov. 26** Psychological Issues Facing Adolescents and Families

**Dec. 3** Spiritual Issues Facing Adolescents and Families / Support Issues for the Counselors of Adolescents and Families (Reflection paper due)

