

Group Process: Theory & Techniques
PCGR 7426
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Wednesdays 4:30-6:50pm

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COURSE DESCRIPTION

This course provides an experiential and didactic introduction to the group process, theory and techniques. The experiential component of the group process will include modeling facilitation, structured exercises, and debriefing of immediate experiences. Students are required to keep a weekly journal which will include, but not be limited to, their self-observations and personal reactions to the group experience. The didactic component of the course will include reading and written reactions. Throughout the course, applications of group process to the different forms of pastoral ministry will be considered.

COURSE OBJECTIVES

- To introduce the concepts, context and applications of group process, group development and group counseling.
- To facilitate a personal growth group experience in which students may increase self-awareness.
- To integrate content knowledge acquired through reading and class discussions with experiential knowledge acquired through personal experience as a group member
- To demonstrate practical understandings of personal group leadership styles.
- To explore spirituality and religion as it relates to group counseling.
- To explore cultural and diversity in group counseling
- To apply content and experiential knowledge in order to develop an independent group counseling/ group process project that is relative to students' professional pastoral goals.

METHODS OF TEACHING

The class will be divided into two sections.

The first section will be the didactic experience. Methods of teaching will include power point,

