

**HUMAN GROWTH AND TRANSFORMATION**  
**PC 408-3, Fall 2011**  
**T & Th, 1:30-2:50**  
**Schlegel Hall 121**

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***Course Description***

Various perspectives on the developmental process will be examined from the fields of theology, psychology, sociology, marriage and family therapy, and literature. Attention is given to the growth of cognitive structures; psychosocial, moral, and faith development through the life span; issues surrounding the family life cycle; and various models of transformation, both personal and systemic. The course encourages students to reflect on their own developmental experiences in light of their religious heritage as well as to explore the implications of course content for their ministries of pastoral care and counseling.

***Student Learning Outcomes***

By the end of the course, students will have the ability to

1. Recognize, critique, and utilize individual psycho-social and faith development theories as they inform clinical and pastoral case conceptualizations and interventions
  - a. Relates to AAMFT core competency 2.3.8: to demonstrate a preliminary ability to integrate these factors into clinical observations that relate to eliciting a relevant and accurate biopsychosocial-spiritual history to understand the context of the clients' problems and 2.3.10: to help identify clients' strengths, resilience, and resources.
  - b. Relates to MFT program SLO 3, 4, and 5
  - c. Relates to MDiv program SLO3
  
2. Comprehend and utilize the multicontextual life cycle framework involved in case and situation assessments
  - a. Relates to AAMFT core competency 1.2.1: to recognize contextual and systemic dynamics that affect individual and family life cycle development and (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, spirituality, larger systems, social context)
  - b. Relates to MFT program SLO 2 and 5
  - c. Relates to MDiv program SLO 9
  
3. Understand the principles of human development such as gender development, family development and processes; diversity; power, privilege, and oppression (AAMFT core competency 2.1.1)
  - a. Relates to MFT program SLO1a and b
  - b. Relates to MDiv program SLO7

## **Bibliography**

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Kegan, Robert. *The Evolving Self: Problem and Process in Human Development*. Cambridge, MA: Harvard University Press, 1982.

Kelsey, David H. *Eccentric Existence: A Theological Anthropology*, Vol. 1. Louisville: WJKP, 2009.

Kundtz, David J. and Bernard S. Schlager. "The Functions of Pastoral Care." In *Ministry among God's Queer Folk*, 51-83. Cleveland: The Pilgrim Press, 2007.

Lahiri, Jhumpa. *Unaccustomed Earth*. New York: Vintage Books, 2008.

McGoldrick, Monica, Better Carter and Nydia Garcia-Preto. *The Expanded Family Life Cycle: Individual, Family, and Social Perspectives*, 4<sup>th</sup> ed. Boston: Allyn & Bacon, 2011.

Liebert, Elizabeth. *Changing Life Patterns: Adult Development in Spiritual Direction*, expanded edition. St. Louis: Chalice Press, 2000.

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