HUMAN GROWTH AND TRANSFORMATION  
PC 408-3, Fall 2011  
T & Th, 1:30-2:50  
Schlegel Hall 121

Carol J. Cook  
Schlegel Hall 302  
895-3411, x379  
Office hours by appt.

Faculty secretary:  
Laura March, x382  
Schlegel Hall 307

Course Description
Various perspectives on the developmental process will be examined from the fields of theology, psychology, sociology, marriage and family therapy, and literature. Attention is given to the growth of cognitive structures; psychosocial, moral, and faith development through the life span; issues surrounding the family life cycle; and various models of transformation, both personal and systemic. The course encourages students to reflect on their own developmental experiences in light of their religious heritage as well as to explore the implications of course content for their ministries of pastoral care and counseling.

Student Learning Outcomes
By the end of the course, students will have the ability to
1. Recognize, critique, and utilize individual psycho-social and faith development theories as they inform clinical and pastoral case conceptualizations and interventions
   a. Relates to AAMFT core competency 2.3.8: to demonstrate a preliminary ability to integrate these factors into clinical observations that relate to eliciting a relevant and accurate biopsychosocial-spiritual history to understand the context of the clients’ problems and 2.3.10: to help identify clients’ strengths, resilience, and resources.
   b. Relates to MFT program SLO 3, 4, and 5
   c. Relates to MDiv program SLO 3

2. Comprehend and utilize the multicontextual life cycle framework involved in case and situation assessments
   a. Relates to AAMFT core competency 1.2.1: to recognize contextual and systemic dynamics that affect individual and family life cycle development and (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, spirituality, larger systems, social context)
   b. Relates to MFT program SLO 2 and 5
   c. Relates to MDiv program SLO 9

3. Understand the principles of human development such as gender development, family development and processes; diversity; power, privilege, and oppression (AAMFT core competency 2.1.1)
   a. Relates to MFT program SLO 1a and b
   b. Relates to MDiv program SLO 7
Bibliography


