

## 32-501 INTRODUCTION TO PASTORAL CARE

Fall, 2014

Garrett-Evangelical Theological Seminary

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Purpose: This course will provide an introductory overview of the historical, biblical, and theological foundations of pastoral care; a psychodynamic and systemic understanding of human behavior and development; and experiences designed to develop each student's capacity for empathic relationships with others. Pastoral care (by our definition) is founded in relationship - the relationship between persons (including pastor and parishioner), and between persons and God. This course is designed to assist students in developing theologically informed methods of relating to themselves, to parishioners and to congregations.

### ASSIGNMENTS

You will be expected to read each class session's assigned readings before the class meets. Lectures and discussions will assume you have covered that material, rather than providing it to you again! The materials required for a given day's topic will be marked with an asterisk. The large *Dictionary of Pastoral Care and Counseling* is on reserve in the library, and readings are optional for those wishing to pursue particular topics more fully. You are of course encouraged to familiarize yourself with this volume for future reference by browsing! In some cases, additional readings have been suggested for those interested in further exploration of a particular topic, or for those having trouble following the material. Since we will be utilizing group experience, discussion and practice, class participation is very important and will account for 20% of the letter grade.

### **PLEASE NOTE: *THE ART OF LISTENING* SHOULD BE READ BEFORE OUR FIRST CLASS MEETING ON SEPTEMBER 4**

A. **No later than noon** of each class day participants will be expected to post a response to materials assigned for the day. The summary should give evidence of having covered the readings and delineate issues or questions raised by those readings. Students are responsible for posting responses for class sessions they have missed, in addition to any further assignments negotiated with the instructor. Failure to complete reading responses will affect the final grade.

B. During the last ten minutes of each class meeting participants will be asked to write a brief reflection on that session. This paper will be turned in to the instructors before leaving, and will help shape preparation for the next class session. Alternatively, emailed comments can be sent to the TA before leaving.

C. Two integrative essays (7-8 pages) will be distributed during the course at noted times (September 25 and November 13) covering the material presented to date, i.e., Biblical and

theological framework for pastoral care, and life and family life cycle material. They will be due one week after distribution. They will account for 20% of the letter grade each.

D. A primary assignment will involve two conversations with a non-family member from outside the Garrett community. A mid-term paper (due October 2) will describe this pastoral care experience, including 1) a verbatim, 2) theological reflection, and 3) a critical evaluation of your interactions and ability to enter into an empathic relationship with another. A final paper will present and analyze a verbatim from a second interview with the same individual, and will be due the last day of class (December 9). Further instructions will be made available in class.

**ALL MAJOR ASSIGNMENTS (INCLUDING READING RESPONSES) MUST BE COMPLETED TO PASS THE COURSE**

**GRADES**

For purposes of reference, the following standards will apply to grades:

"A" signifies an in-depth grasp of the material presented in class and in readings, and a demonstrated ability to explore the implications of that material for pastoral care beyond what is immediately evident. This grade generally indicates sufficient interest to go beyond the required readings of the class.

"B" signifies an adequate comprehension of class material and ability to apply the concepts to pastoral settings.

"C" indicates minimal integration of the themes of the class, but sufficient to pass.

Other grades will indicate either inadequate integration of the material, or failure to complete sections of the class requirements.

This quarter your running grade total will be available on-line through Blackboard. This is secure and you are the only one (other than I) who can access it.

**GRADING WEIGHTS**

Class participation (including reading summaries and class reflections)	20%
Essay #1	20%
Essay #2	20%
Empathy Exercise #1	20%

Final Exercise

20%

## LATE PAPERS

For purposes of grading, the following point deductions (based on 100 points per assignment) will be made:

1-3 days: 8 points

4-7 days: one additional point per day late

More than 7 days late: no credit

## CLASS TOPICS AND READING ASSIGNMENTS

September 4

Vignette

Orientation to Course Outline; Definitions, Expectations, Assignments

What Is Pastoral Care? An Introduction.

Four Definitions

\*Nichols, *The Lost Art of Listening*

September 11

What is Pastoral Care? (Continued)

Verbatim preparation

\*Asquith, Concise Dictionary, Chapter 1 (Moodle)

\*Doehring, *The Practice of Pastoral Care*, Introduction, Chapters 1-3

\*Wise, *The Meaning of Pastoral Care*, Chapter 2 (electronic reserve)

Optional: *Dictionary of Pastoral Care and Counseling*:

"Care of Souls", p. 122.

"Clinical Pastoral Perspective", pp. 182-183.

"Human Condition", p. 541-543 (two articles)

"Incarnational Pastoral Care", p.573.

"Conversation, Pastoral", pp. 227-228.

"Pastoral Care (Contemporary Methods)", pp. 832-836.

"Technique and Skill in Pastoral Care", pp. 1255-1256.

Pruyser, P. *Minister As Diagnostician*.

September 18

History of Pastoral Care

Empathy Exercises (in class)

\*Asquith, Concise Dictionary, Chapter 2 (Moodle)

\*Lartey, *In Living Color*, Chapters 1-4

\*Miller-McLemore, in *Through the Eyes of Women*, Chapter 1. (Electronic Reserve)

Optional: *Dictionary of Pastoral Care and Counseling*:

"New Testament, Traditions and Theology of Care In", pp. 787-792.

"Early Church, Pastoral Care and Counseling In," pp. 327-329.

"Medieval Church, Pastoral Care In", pp.698-700.

"Clinical Pastoral Education", pp. 177-182.

"History of Protestant Pastoral Care (U.S.)", pp. 511-515.

"Pastoral Care (History, Traditions, and Definitions)", pp. 836-844

"Pastoral Care Movement", pp. 845-849.

"Boisen, Anton", pp. 104-105.

"Wise, Carroll", pp. 1326-1327.

"Hiltner, Seward", p. 508.

September 25

Life Cycle Theory and Pastoral Care

Video: [Everybody Rides the Carousel](#)

\*Kelcourse, *Human Development and Faith*, Chapters 1-3

\*Capps, *Deadly Sins and Saving Virtues*, Introduction and Chapters 2, 6

Optional: *Dictionary of Pastoral Care and Counseling*:

"Developmental Theory and Pastoral Care", pp. 277-279.

"Erikson, Erik", p. 360.

"Human Development", pp. 543-544.

"Life Cycle Theory and Pastoral Care", pp. 648-651.

"Psychosocial Development", pp. 1017-1019.

"Aggression and Assertion". pp. 14-15

"Doubt and Unbelief", pp. 304-307

"Shame", pp. 1160-1163

"Dependence/Independence", pp. 273-274

Life Cycle – Infancy and the Toddler Years

\*Kelcourse, Chapters 5, 6.

McAdams, D. *Stories We Live By*. Chaps. 1-4.

Kegan, R. *The Evolving Self*. Chaps. Intro-I

## Essay #1 Due

October 2

Life Cycle – Latency and Adolescence

\*Kelcourse, Chapters 7-10

\*Capps, Chapters 3,4,7

\*Saussy and Clarke in *Through the Eyes of Women*, Chapter 6

Optional: *Dictionary of Pastoral Care and Counseling*

"Identity", pp. 565-567.  
McAdams, Chaps. 5,6

### **First Empathy Project Due**

October 9

Life Cycle – Young Adulthood and Coupling

\*Kelcourse, Chapter 11

Optional: *Dictionary of Pastoral Care and Counseling:*

"Young Adults", pp. 1344-1345

McAdams, Chaps. 7-10.

Kegan, Chaps. 4, 5.

October 16

Life Cycle – Generativity and Aging

\*Albers, et al., Chapter 9

\*Capps, Chapters 5, 8-10

\*Kelcourse, Chapters 12, 13

\*Justus, in *Through the Eyes of Women*, Chapter 14 (electronic reserve)

Optional: *Dictionary of Pastoral Care and Counseling:*

"Mid-life Persons", pp. 723-725

"Older Persons, Pastoral Care Of", pp. 808-810

Kegan, R. Chap. 7, 8.

October 23

No Class (Reading Days)

October 30

Loss and Grief in Pastoral Care

Movie (in class)

\*Mitchell and Anderson, *All Our Losses, All Our Grievs*

November 6

Family Life Cycle

\*Kelcourse, Chapter 4

Optional: Dictionary of Pastoral Care and Counseling:

"Family, Christian Theology and Ethics Of", pp. 406-408.

"Family, Hx and Sociology of", pp. 408-411.

"Family Theory and Therapy", pp. 423-426.

"Love", pp. 666-669.

"Systems Theory", pp. 1250-1251.

"Homeostasis", pp. 527-528.  
"Family, Pastoral Care and Counseling of", pp. 416-419.  
"Marriage", pp. 676-679.  
"Pre-Marital Counseling", pp. 947-949.  
"Parents/Parenthood", pp. 823-826.  
"Divorce", pp. 292-295.  
"Divorce, Children and Adolescents In", pp. 295-297.  
"Remarriage", pp. 1069-1070.

November 13

Gender, Sexuality and Boundaries in Pastoral Care

Video (in class)

\*Doehring, Chapters 4, 5

Optional: *Dictionary of Pastoral Care and Counseling*:

"Ethics and Pastoral Care", pp. 364-366.  
"Feminist Theology and Pastoral Care", pp. 433-435.  
"Women, Pastoral Care of", pp. 1329-1331.  
"Women in Pastoral Ministries", pp. 1334-1336.  
"Sexual Issues in Pastoral Care", pp. 1148-1149.

Fortune, M. *Is Nothing Sacred?*

Poling, J. *The Abuse of Power*.

Pastoral Care and Abuse

Optional: *Dictionary of Pastoral Care and Counseling*

"Family Violence," pp. 426-429  
"Incest," pp. 574-575  
"Rape and Rape Counseling," pp. 1040-1042  
"Violence," pp. 1303-1305

**Essay #2 due**

November 20

Cultural Issues in Pastoral Care

\*Lartey, Chapter 5-9

Optional: *Dictionary of Pastoral Care and Counseling*:

"Cross-Cultural Pastoral Care", pp. 251-252.  
"Cultural and Ethnic Factors in Pastoral Care", pp. 253-255.  
"Black American Pastoral Care", pp. 92-94.  
"Hispanic American Pastoral Care", pp. 509-511.  
"Asian American Pastoral Care", pp. 53-54.  
"Native Americans, Pastoral Care Of", pp. 776-777.

Chinula, *Building King's Beloved Community*

Mental Illness and Pastoral Care

\*Albers, et al., Introduction and chapters 1 and 2

November 27

No Class (Thanksgiving Break)

December 4

Mental Illness (continued)

\*Albers, et al., chapters 3-7, Conclusion

December 9 (**Note: This is Tuesday and is a make-up day**)

Ritual and Pastoral Care

Pastoral Care and the Church

Referral as Pastoral Care

**Final Paper Due**

Bibliography

**Required Readings:**

Albers, Robert, Meller, William, and Thurber, Steven D., eds. *Ministry with Persons with Mental Illness and Their Families*. Fortress Press, 2012 (ISBN-13: 9780800698744, Barnes and Noble on-line price, \$26.65 paperback)

Capps, Donald. *Deadly Sins and Saving Virtues*. Wipf and Stock, 1987. ISBN-13: 9781579102470, Barnes and Noble on-line price, \$16.00 paperback)

Doehring, Carrie. *The Practice of Pastoral Care: A Postmodern Approach*. Westminster John Knox, 2006. (ISBN-13: 9780664226848, Barnes and Noble on-line price \$15.31)

Kelcourse, Felicity B., ed. *Human Development and Faith: Life-Cycle Stages of Body, Mind, and Soul. (2<sup>nd</sup> edition)* Chalice Press, 2014. (ISBN-13: 9780827214958, Barnes and Noble on-line price: \$34.39)

Lartey, Emmanuel. *In Living Color: An Intercultural Approach to Pastoral Care and Counseling, 2<sup>nd</sup> edition*. Jessica Kingsley, 2003. (ISBN-13: 9781843107507, Barnes and Noble on-line price: \$23.22)

Mitchell, Kenneth and Herbert Anderson, *All our Losses, All Our Grievs: Resources for Pastoral Care*. Westminster John Knox Press, 2010. (ISBN-13: 9780664244934, Barnes and Noble on-line price: \$16.56)

Nichols, Michael P. *The Lost Art of Listening: How Learning to Listen Can Improve Relationships*. Guilford Press, 1995. (ISBN-13: 9781593859862, Barnes and Noble on-line price: \$16.45)

**Posted on Moodle:**

Wise, Carroll, *The Meaning of Pastoral Care*, Chapter 2  
Miller-McLemore, Bonnie in *Through the Eyes of Women*, Chapter 1.  
Justus, Emma, in *Through the Eyes of Women*, Chapter 14.  
Asquith, Glenn. *The Concise Dictionary of Pastoral Care and Counseling*, Chapters 1 and 2.

**Supplementary:**

Asquith, Glenn. *The Concise Dictionary of Pastoral Care and Counseling*. Abingdon, 2010.

Chinula, Donald. *Building King's Beloved Community: Foundations for Pastoral Care and Counseling with the Oppressed*. United Church Press, 1997.

Fortune, Marie. *Is Nothing Sacred? The Story of a Pastor, the Women He Sexually Abused, and the Congregation He Nearly Destroyed*. United Church Press, 1999.

Kegan, Robert. *The Evolving Self: Problem and Process in Human Development*. Harvard University Press, 1983.

Lebacz, Karen and Ronald Barton, *Sex in the Parish*. Westminster John Knox, 1991.

McAdams, Dan. *Stories We Live By: Personal Myths and the Making of the Self*. Guilford Press, 1997.

Poling, James. *The Abuse of Power: A Theological Problem*. Abingdon, 1991.

Poling, James and Kim, HeeSun. *Korean Resources for Pastoral Theology: Dance of Han, Jeong, and Salim*. Fortress Press, 2012.

Pruyser, Paul. *Minister as Diagnostician: Personal Problems in Pastoral Perspective*. Westminster John Knox, 1976.

Stevenson Moessner, Jeanne, ed. *Through the Eyes of Women: Insights for Pastoral Care*. Fortress, 1996.

Wimberly, Ed. *African American Pastoral Care and Counseling: The Politics of Oppression and Empowerment*. Pilgrim Press, 2006.