Purpose: This course will provide an introductory overview of the historical, biblical, and theological foundations of pastoral care; a psychodynamic and systemic understanding of human behavior and development; and experiences designed to develop each student's capacity for empathic relationships with others. Pastoral care (by our definition) is founded in relationship - the relationship between persons (including pastor and parishioner), and between persons and God. This course is designed to assist students in developing theologically informed methods of relating to themselves, to parishioners and to congregations.

ASSIGNMENTS

You will be expected to read each class session's assigned readings before the class meets. Lectures and discussions will assume you have covered that material, rather than providing it to you again! The materials required for a given day's topic will be marked with an asterisk. The large Dictionary of Pastoral Care and Counseling is on reserve in the library, and readings are optional for those wishing to pursue particular topics more fully. You are of course encouraged to familiarize yourself with this volume for future reference by browsing! In some cases, additional readings have been suggested for those interested in further exploration of a particular topic, or for those having trouble following the material. Since we will be utilizing group experience, discussion and practice, class participation is very important and will account for 20% of the letter grade.

PLEASE NOTE: THE ART OF LISTENING SHOULD BE READ BEFORE OUR FIRST CLASS MEETING ON SEPTEMBER 4

A. No later than noon of each class day participants will be expected to post a response to materials assigned for the day. The summary should give evidence of having covered the readings and delineate issues or questions raised by those readings. Students are responsible for posting responses for class sessions they have missed, in addition to any further assignments negotiated with the instructor. Failure to complete reading responses will affect the final grade.

B. During the last ten minutes of each class meeting participants will be asked to write a brief reflection on that session. This paper will be turned in to the instructors before leaving, and will help shape preparation for the next class session. Alternatively, emailed comments can be sent to the TA before leaving.

C. Two integrative essays (7-8 pages) will be distributed during the course at noted times (September 25 and November 13) covering the material presented to date, i.e., Biblical and
theological framework for pastoral care, and life and family life cycle material. They will be due one week after distribution. They will account for 20% of the letter grade each.

D. A primary assignment will involve two conversations with a non-family member from outside the Garrett community. A mid-term paper (due October 2) will describe this pastoral care experience, including 1) a verbatim, 2) theological reflection, and 3) a critical evaluation of your interactions and ability to enter into an empathic relationship with another. A final paper will present and analyze a verbatim from a second interview with the same individual, and will be due the last day of class (December 9). Further instructions will be made available in class.

ALL MAJOR ASSIGNMENTS (INCLUDING READING RESPONSES) MUST BE COMPLETED TO PASS THE COURSE

GRADES

For purposes of reference, the following standards will apply to grades:

"A" signifies an in-depth grasp of the material presented in class and in readings, and a demonstrated ability to explore the implications of that material for pastoral care beyond what is immediately evident. This grade generally indicates sufficient interest to go beyond the required readings of the class.

"B" signifies an adequate comprehension of class material and ability to apply the concepts to pastoral settings.

"C" indicates minimal integration of the themes of the class, but sufficient to pass.

Other grades will indicate either inadequate integration of the material, or failure to complete sections of the class requirements.

This quarter your running grade total will be available on-line through Blackboard. This is secure and you are the only one (other than I) who can access it.

GRADING WEIGHTS
Class participation (including reading summaries and class reflections) 20%

Essay #1 20%
Essay #2 20%
Empathy Exercise #1 20%
LATE PAPERS

For purposes of grading, the following point deductions (based on 100 points per assignment) will be made:

1-3 days:  8 points
4-7 days: one additional point per day late
More than 7 days late: no credit

CLASS TOPICS AND READING ASSIGNMENTS

September 4
Vignette
Orientation to Course Outline; Definitions, Expectations, Assignments
What Is Pastoral Care? An Introduction.
Four Definitions
*Nichols, *The Lost Art of Listening

September 11
What is Pastoral Care? (Continued)
Verbatim preparation

*Asquith, *Concise Dictionary, Chapter 1 (Moodle)
*Doehring, *The Practice of Pastoral Care, Introduction, Chapters 1-3
*Wise, *The Meaning of Pastoral Care, Chapter 2 (electronic reserve)

Optional: *Dictionary of Pastoral Care and Counseling:*
"Care of Souls", p. 122.
"Human Condition", p. 541-543 (two articles)
"Incarナルional Pastoral Care", p.573.
"Conversation, Pastoral", pp. 227-228.
"Pastoral Care (Contemporary Methods)", pp. 832-836.
"Technique and Skill in Pastoral Care", pp. 1255-1256.

Pruyser, P. *Minister As Diagnostician.*

September 18
History of Pastoral Care
Empathy Exercises (in class)
*Asquith, *Concise Dictionary, Chapter 2 (Moodle)
*Lartey, *In Living Color, Chapters 1-4
*Miller-McLemore, in *Through the Eyes of Women*, Chapter 1. (Electronic Reserve)
Optional: *Dictionary of Pastoral Care and Counseling:*

"New Testament, Traditions and Theology of Care In", pp. 787-792.
"Early Church, Pastoral Care and Counseling In," pp. 327-329.
"Medieval Church, Pastoral Care In", pp.698-700.
"Clinical Pastoral Education", pp. 177-182.
"History of Protestant Pastoral Care (U.S.)", pp. 511-515.
"Pastoral Care (History, Traditions, and Definitions)", pp. 836-844
"Pastoral Care Movement", pp. 845-849.
"Boisen, Anton", pp. 104-105.
"Wise, Carroll", pp. 1326-1327.
"Hiltner, Seward", p. 508.

September 25
Life Cycle Theory and Pastoral Care
Video: *Everybody Rides the Carousel*
*Kelcourse, Human Development and Faith, Chapters 1-3
*Capps, Deadly Sins and Saving Virtues, Introduction and Chapters 2, 6

Optional: *Dictionary of Pastoral Care and Counseling:*

"Developmental Theory and Pastoral Care", pp. 277-279.
"Erikson, Erik", p. 360.
"Psychosocial Development", pp. 1017-1019.
"Aggression and Assertion", pp. 14-15
“Doubt and Unbelief”, pp. 304-307
“Shame”, pp. 1160-1163
“Dependence/Independence”, pp. 273-274

Life Cycle – Infancy and the Toddler Years
*Kelcourse, Chapters 5, 6.
McAdams, D. *Stories We Live By.* Chaps. 1-4.
Kegan, R. *The Evolving Self.* Chaps. Intro-l

**Essay #1 Due**

October 2
Life Cycle – Latency and Adolescence
*Kelcourse, Chapters 7-10
*Capps, Chapters 3,4,7
*Saussy and Clarke in *Through the Eyes of Women*, Chapter 6

Optional: *Dictionary of Pastoral Care and Counseling*
McAdams, Chaps. 5,6

**First Empathy Project Due**

October 9  
Life Cycle – Young Adulthood and Coupling  
*Kelcourse, Chapter 11

Optional: *Dictionary of Pastoral Care and Counseling*:  
"Young Adults", pp. 1344-1345  
McAdams, Chaps. 7-10.  
Kegan, Chaps. 4, 5.

October 16  
Life Cycle – Generativity and Aging  
*Albers, et al., Chapter 9  
*Capps, Chapters 5, 8-10  
*Kelcourse, Chapters 12, 13  
*Justus, in *Through the Eyes of Women*, Chapter 14 (electronic reserve)

Optional: *Dictionary of Pastoral Care and Counseling*:  
"Mid-life Persons", pp. 723-725  
"Older Persons, Pastoral Care Of", pp. 808-810  
Kegan, R. Chap. 7, 8.

October 23  
No Class (Reading Days)

October 30  
Loss and Grief in Pastoral Care  
Movie (in class)  
*Mitchell and Anderson, All Our Losses, All Our Griefs*

November 6  
Family Life Cycle  
*Kelcourse, Chapter 4

Optional: *Dictionary of Pastoral Care and Counseling*:  
"Family, Christian Theology and Ethics Of", pp. 406-408.  
"Family, Hx and Sociology of", pp. 408-411.  
"Homeostasis", pp. 527-528.
"Family, Pastoral Care and Counseling of", pp. 416-419.
"Pre-Marital Counseling", pp. 947-949.
"Parents/Parenthood", pp. 823-826.
"Divorce, Children and Adolescents In", pp. 295-297.
"Remarriage", pp. 1069-1070.

November 13
Gender, Sexuality and Boundaries in Pastoral Care
   Video (in class)
   *Doehring, Chapters 4, 5

Optional: *Dictionary of Pastoral Care and Counseling:
"Ethics and Pastoral Care", pp. 364-366.
"Feminist Theology and Pastoral Care", pp. 433-435.
"Women, Pastoral Care of", pp. 1329-1331.
"Women in Pastoral Ministries", pp. 1334-1336.
"Sexual Issues in Pastoral Care", pp. 1148-1149.

Fortune, M. *Is Nothing Sacred?*
Poling, J. *The Abuse of Power.*

Pastoral Care and Abuse
Optional: *Dictionary of Pastoral Care and Counseling*
   "Family Violence,” pp. 426-429
   "Incest,” pp. 574-575
   "Rape and Rape Counseling,” pp. 1040-1042
   "Violence,” pp. 1303-1305

*Essay #2 due*

November 20
Cultural Issues in Pastoral Care
   *Lartey, Chapter 5-9

Optional: *Dictionary of Pastoral Care and Counseling:
"Cross-Cultural Pastoral Care", pp. 251-252.
"Cultural and Ethnic Factors in Pastoral Care", pp. 253-255.
"Black American Pastoral Care", pp. 92-94.
"Hispanic American Pastoral Care", pp. 509-511.
"Asian American Pastoral Care", pp. 53-54.
"Native Americans, Pastoral Care Of", pp. 776-777.
Chinula, *Building King’s Beloved Community*

Mental Illness and Pastoral Care  
*Albers, et al., Introduction and chapters 1 and 2*

November 27  
No Class (Thanksgiving Break)

December 4  
Mental Illness (continued)  
*Albers, et al., chapters 3-7, Conclusion*

December 9  *(Note: This is Tuesday and is a make-up day)*  
Ritual and Pastoral Care  
Pastoral Care and the Church  
Referral as Pastoral Care

**Final Paper Due**

**Bibliography**

**Required Readings:**


**Posted on Moodle:**

Wise, Carroll, *The Meaning of Pastoral Care*, Chapter 2
Miller-McLemore, Bonnie in *Through the Eyes of Women*, Chapter 1.
Asquith, Glenn. The Concise Dictionary of Pastoral Care and Counseling, Chapters 1 and 2.

**Supplementary:**


Chinula, Donald. *Building King’s Beloved Community: Foundations for Pastoral Care and Counseling with the Oppressed.* United Church Press, 1997.


